

United we can keep our communities strong.



United Way
East Ontario



Percy found purpose and financial independence through an employment network powered by United Way East Ontario.

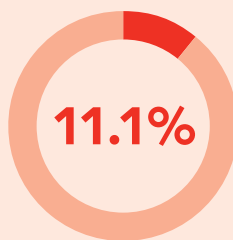
By connecting employers with people facing barriers to work, this program removes obstacles and builds a more equitable community for everyone. Percy found stability after facing challenges related to autism and a learning disability.

"This job has changed my life. I've met some wonderful people that I can relate to and talk to. I just love coming to work." —Percy, program participant

The local facts:*



2 in 5 Ottawa students report **struggling with their mental health**, and 33% of those needing mental health support did not seek it.



11.1% of seniors living alone in Ontario are **under the poverty line**, compared to 3% of seniors living in a family setting.



7,840 cases of intimate partner violence were reported in Ottawa in 2025. This is a 6% increase from the year before.

With support from our donors, together we helped **89,662 people** across East Ontario in 2024-25. Read our latest **annual report** to learn how we're building stronger communities and brighter futures.



*Visit UnitedWayEO.ca/Local-Issues for fact sources and more information.

United we can create possibilities.



We invest in crucial mental health, addiction, and substance use counseling for individuals and families to ensure everyone has access to safe, community-led care.



We invest in wraparound supports to provide long-term stability and prevention-first solutions for youth at risk of homelessness.



We invest in homework clubs, after-school activities, and summer programs so no child falls behind when they are out of the classroom.



We provide foundational support systems and employment resources needed to help people move out of survival mode and achieve independence.



Your gift makes a difference.

**\$20 a month or
\$240 a year**

covers transportation for a senior to access medical appointments and community programs.

**\$80 a month
or \$960 a year**

connects four children to accessible after-school programs where they build confidence and develop social skills.

**\$175 a month
or \$2,100 a year**

helps a young person leaving transitional housing furnish their first apartment, giving them a place to call home.

Please give today to help people build stronger, healthier lives. Donate through your workplace.



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